

Exam. Code : 113601

Subject Code : 3840

Bachelor of Vocation (Mental Health Counselling)

1st Semester

MENTAL HEALTH & COUNSELLING

Paper—I

Time Allowed—Three Hours] [Maximum Marks—75

Note :—Candidates are to attempt **FIVE** questions, **ONE** from each Section. **Fifth** question may be attempted from any Section. All questions carry equal marks.

SECTION—A

1. Discuss the concept and history of mental illness.
2. Write a detailed note on need and significance of mental health counselling.

SECTION—B

3. Describe the goals of counselling with special reference to India.
4. Explain the professional issues in counselling with suitable examples.

SECTION—C

5. Describe the process of Counsellor-Client relationship.
6. Discuss the role and functions of Mental Health Counsellor.

SECTION—D

7. Describe various stages of Counselling.
8. Give a detailed account of ethical issues of Counselling.